



Are you interested in walking for health and fitness on your own?

Wellness sells the Digiwalker 140-S Pedometer, judged to be the best pedometer of all those compared in a study by Dan Heil, PhD, MSU Health & Human Development.

Cost: \$20.00

**Pick yours up today at the MUS Wellness @ Bozeman office
Romney 225 Monday – Friday 8:00 a.m to noon.**